



St Helen's
Bishopsgate

Mark

Teaching material for 3-5's

Good news!



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Helen's children's ministry team.
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The 'material' of Sunday school



The unfolding story of the Bible is revealed progressively through 66 books. These books were written by human authors who were inspired by the Holy Spirit. They were written with an agenda to a real audience. **Through these books, by His Spirit, God works.** He gives new life and disciples His people.

At Sunday school our desire is to teach through books of the Bible and allow our teaching to be directed by the Biblical author. We want to make the *main point* of our teaching the main point the author is teaching. We want the *aim* of our teaching to be the aim the author had. When we think about *how* we teach, we want to use the literary style, techniques, and content the Biblical author uses. In short, **we want to teach the Biblical author's point, for the Biblical author's purpose, using the Biblical author's practice.** The more clearly this is done, the more clearly the children will have heard the living God speak to them. As we strive to do this, we pray the fruit would be thirty, sixty, and a hundredfold.

The team at St Helen's has worked hard studying some key books of the Bible. As we have done so we have endeavoured to write our material following the principles above.

3-5's material

The 3-5's material is presented as a skeleton of the session with the example Bible story.

Some parts of the session are provided, and some will need to be prepared. Ie. the Concept, Bible verse, and Action Rhyme are provided. But the concept explanation, Bible verse explanation, game and ACTS prayer will need to be prepared by the leader. Use the space in the material to do this.

The example Bible story has several functions.

Firstly, it is a short talk. This talk could be given verbatim, adapted, used for ideas, or ignored by the individual assigned to give the talk. For less experienced leaders they may wish to read verbatim the example talk, adding in props and visuals. For more experienced leaders they may wish to chop, change, and adapt the example talk as they see fit. For very experienced leaders they may wish to ignore the example talk and write their own, only looking at the example to see another voice on the passage.

Secondly, it is a commentary on the passage. For those not giving the talk the example helps them to understand the passage, how it can be taught, and areas of application. It will also indicate what the speaker might say so that everyone is aligned on the teaching.

Teaching program | Mark

Good news!

Introduction to the book of Mark

Mark's gospel is all about Jesus, God's son who is the promised-saving-King (Mark 1:1). Our aim every week then will be to teach the children about Jesus the King: who he is, what he says, who he has come for, what he does, and the wonderful kingdom he is bringing.

The ultimate response to King Jesus is to repent and believe in him (Mark 1:15). As we go through Mark, we are going to be shown how wonderful King Jesus is and why repenting and believing (or trusting – just another way of saying believing) in him is exactly the right thing to do.

Within his gospel, Mark weaves through his material themes that disciples will find useful. It is worth noting the specific applications Mark gives his readers in his 'discipleship manual'. Applications may be summarised as: Listen (ch.1-4:35), Believe (ch. 4:35-8:30), Ask (ch.8:31-10:52), Stay awake (ch.11-13:37), Behold (14-16:8).

In order to do the whole of Mark's gospel in 14 weeks there are occasionally bits that we skip over. This doesn't mean that we don't think they are important. In writing the example talks below we have taken into account the verses we have seemingly skipped over and how they build the context of the passages we have chosen. Even when you teach the bible to adults you often don't have time to say everything a passage is communicating. In the example talks we have usually chosen just 1 big thing to say per talk, hopefully this is also the 1 main thing the relevant passage is saying. This means sometimes we don't talk about some of the other truths from that passage. Our hope however is that we are able to teach the 1 big thing *really* well, rather than trying to teach 2 or 3 things and end up doing it badly.

Action rhyme

(To the tune, 'Incy, wincy spider'.)

- Lesson 1 *Jesus is the king we all were waiting for
Jesus is the king we all were waiting for
It's BIG, exciting news that Jesus has now come
Jesus is the king we all were waiting for*
- Lesson 2 *Jesus is the king who came to rescue us
Jesus is the king who came to rescue us
Jesus made the storm stop, he made the waves go flat
Jesus is the king who came to rescue us*
- Lesson 3 *Jesus is the king who came to rescue us,
Jesus is the king who came to rescue us,
Jesus told a dead girl to come alive again,
Jesus is the king who came to rescue us.*
- Lesson 4 *Jesus is the king who came to rescue us,
Jesus is the king who came to rescue us,
Our hearts were dirty, we need them to be clean.
Jesus is the king who came to rescue us.*
- Lesson 5 *Jesus is the king who came to rescue us,
Jesus is the king who came to rescue us,
Jesus came to help us by dying in our place.
Jesus is the king who came to rescue us.*
- Lesson 6 *Jesus is the king who came to rescue us,
Jesus is the king who came to rescue us,
Jesus died so we can come be friends with God.
Jesus is the king who came to rescue us.*
- Lesson 7 *Jesus is the king who came to rescue us,
Jesus is the king who came to rescue us,
Even when it's scary, we must follow him.
Jesus is the king who came to rescue us.*

Teaching plan

Week	Lesson	Passage	Story	Concept
1 2	1	Mark 1:1-15	The king	Big news! Jesus the king is here!
3 4	2	4:35-41	The storm	King Jesus has come to rescue us.
5 6	3	5:21-43	The little girl	King Jesus has come to rescue us from a broken world.
7 8	4	7:14-23	The Doctor	King Jesus has come to rescue us from our sin.
9 10	5	10:35-45	The servant	King Jesus has come to rescue us by dying in our place.
11 12	6	15:33-39	Friends	King Jesus has come to rescue us to be with God.
13 14	7	16:1-8	Following Jesus	King Jesus calls us to follow him.



The king



Concept | **Big news! Jesus the king is here!**

Bible time 1

🎵 Gathering song

*'Let's gather together to hear from God.
Let's gather together to hear from God,
Come gather here with me.'*

Welcome

Order of the morning: Bible time, game, Bible time, craft

Sunday School rules: Who can tell me one of our rules which helps us to listen to the bible and to each other?

Pray: Let's ask for God's help as we hear him speak in the Bible.

Concept

🎵 Bible Box song

*'What are we going to learn today? What are we going to learn today?
Let's find out from the Bible box. Let's find out from the Bible box.'*

Concept: Big news! Jesus the king is here!

Concept explanation

Bible verse

🎵 The Bible song

But how do we know that ...? Did I hear it on the ...? Did I read it in a ...? Did I see it on a ...? No? Where do I get it all from then?

'The Bible, the Bible, how we love the Bible. It's God's word. Yay!'

Use the 'How to lead a pre-school session' section in the leader's handbook to help you prepare.

- Visuals and props:**
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Ask a child to get the Bible from the Bible box.

Read bible verse: Mark 1:1

Bible verse explanation

Action rhyme

Let's sing a song with some actions to help us remember what we're learning today.

(To the tune, 'Incy, wincy spider')

*Jesus is the king we all were waiting for
Jesus is the king we all were waiting for
It's BIG, exciting news that Jesus has now come
Jesus is the king we all were waiting for*

🎵 Closing song

*'We've gathered together to hear from God.
We've gathered together to hear from God.
And now it's time for a game.'*

Game

Bible time 2

🎵 Gathering song

*'Let's gather together to hear from God.
Let's gather together to hear from God,
Come gather here with me.'*

Story

The king

When somebody has some big, exciting news, they tell everybody, don't they? When a new baby is born, the mummy and daddy tell everyone the news. I'm sure when you were born your mummy and daddy were so happy and excited. I bet they phoned all their friends and all their family and said, "good news! The baby is here!". Maybe they sent out little cards like this [\[show baby announcement card\]](#) telling everybody that you had been born. Maybe some of you can even remember when your baby brother or sister was born, and everyone was so excited by the news.

Well, for the next few weeks, we're looking at a book in the bible called Mark, written by a man named Mark. Mark was a friend of Jesus.

Mark starts his book with a BIG announcement. Mark has some BIG, exciting news to tell everyone! What's the big news? Mark wants to tell us the news that someone special has arrived. The news about the arrival of this person is even bigger and more exciting than when you were born. The BIG, exciting news that Mark wants everyone to know is that the King is here! Jesus, God's special King is here!

This was such exciting news because people had been waiting a long time for Jesus, God's king to come. They'd been waiting even longer than you wait for a baby to be born. A long time ago, God promised that he would send a king. A king who would rescue us and bring us into his kingdom, his amazing new world.

And so, everyone had been waiting, waiting, waiting. Looking, looking, looking for God's King. "Where is he?" they must have thought. "Is he still coming" they must have wondered. It's a bit like when we're waiting for something. Like when you're waiting for your mum or dad to pick you up from school or nursery. You might look out the window hoping to see them. It feels like forever waiting. And then... the door opens and there they are! "My mummy and daddy are here!" you call out to everyone!

And it's a bit like that with King Jesus. Everyone had been waiting for this king for sooooo long. But now, Mark says to everyone, "he's here!".


Well for the next few weeks we're going to be hearing about King Jesus and why


it's such BIG, exciting news that he's come. But even right here at the beginning of Mark's book, Jesus tells us what we should do as we hear this BIG exciting news. Jesus tells us how we should respond to the news that the king is here. Jesus says everyone must turn and trust. Because Jesus is the king, everyone must turn from sin and trust in him. Turn from our sin means saying sorry for our sin. It means stopping living the way we want to live and living the way King Jesus wants us to. Because Jesus is the king, everyone must turn from sin.


And we should trust in King Jesus. We're going to see that King Jesus is an amazing and powerful king come to rescue us. We can totally trust in him.


Prayer

Let's now pray to God. Can you get your praying fingers out.

 **Adoration.** Let's point our fingers up to God and tell him how great he is.
Wow God/ We praise you God... _____

 **Confession.** Let's point our fingers at ourselves and say sorry for our sin.
Sorry God... _____

 **Thanksgiving.** Let's hold our hands out and thank God for what he does.
Thank you God... _____

 **Supplication.** Let's put our hands together and ask him to do great things.
Please God... _____

🎵 Closing song

*'We've gathered together to hear from God.
We've gathered together to hear from God,
And now it's time for craft.'*

Craft

Craft ideas...

Week 1:

Week 2:

The storm



Concept | King Jesus has come to rescue us.

Bible time 1

🎵 Gathering song

*'Let's gather together to hear from God.
Let's gather together to hear from God,
Come gather here with me.'*

Welcome

Order of the morning: Bible time, game, Bible time, craft

Sunday School rules: Who can tell me one of our rules which helps us to listen to the bible and to each other?

Pray: Let's ask for God's help as we hear him speak in the Bible.

Concept

🎵 Bible Box song

*'What are we going to learn today? What are we going to learn today?
Let's find out from the Bible box. Let's find out from the Bible box.'*

Concept: King Jesus has come to rescue us.

Concept explanation

Bible verse

🎵 The Bible song

But how do we know that ...? Did I hear it on the ...? Did I read it in a ...? Did I see it on a ...? No? Where do I get it all from then?

'The Bible, the Bible, how we love the Bible. It's God's word. Yay!'

Use the 'How to lead a pre-school session' section in the leader's handbook to help you prepare.

Visuals and props:

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Ask a child to get the Bible from the Bible box.

Read bible verse: Mark 4:41

Bible verse explanation

Action rhyme

Let's sing a song with some actions to help us remember what we're learning today.

(To the tune, 'Incy, wincy spider')

*Jesus is the king who came to rescue us
Jesus is the king who came to rescue us
Jesus made the storm stop, he made the waves go flat
Jesus is the king who came to rescue us*

🎵 Closing song

*'We've gathered together to hear from God.
We've gathered together to hear from God.
And now it's time for a game.'*

Game

Bible time 2

🎵 Gathering song

*'Let's gather together to hear from God.
Let's gather together to hear from God,
Come gather here with me.'*

Story

The storm

When you're in danger, you need someone to rescue you, don't you? Like in Paw Patrol, when someone is stuck or hurt or they need help, Ryder and the pups go on a rescue mission.

We heard last time the BIG, exciting news that Jesus is the king who has finally come! And today Jesus shows us what kind of king he is. And this tells us why it's such big happy news that King Jesus has come. Jesus shows us in our story today that he is a rescuing king.

Let's hear our story. One night, Jesus and his friends were crossing the sea on a boat. Have you ever been on a boat? Jesus and his friends were in a boat and the sea was all lovely and calm. Jesus was very tired, so he went and had a nap while his friends sailed the boat.

Suddenly, a BIG storm came up. The rain came down hard. The lightning flashed! The thunder boomed! The waves went high up and crashed down over the boat. The boat was filling up with water. Oh no!

Some of Jesus' friends were fishermen. They were used to sailing and storms. But even they were so scared! They were helpless. There was nothing they could do. They were going to drown! They were going to die. They needed rescuing!

Jesus' friends woke him up and said "don't you care? We're dying!"

Did Jesus care? Of course, he did. Jesus cared. But more than that, Jesus could rescue them.

Jesus stood up and spoke to the wind and the waves. "Quiet. Be still", he said. Jesus tells the sea what to do, just like telling a puppy dog to 'sit!'. And guess what, it listened! Just like a good puppy. The sea suddenly went completely calm and still. Wow!


Jesus said to his friends, "Why are you so afraid". But Jesus' friends were even more scared and said "who is this? Even the wind and the sea obey him!".


"Who is this?", said Jesus' friends. Jesus is the king! Even the storm did what he said. Jesus shows us he is the king who has come to rescue us. Isn't that such BIG, exciting news. King Jesus has come to rescue us.


So, we don't need to be afraid of scary things like death, like Jesus' friends were. Instead, we can turn and trust in Jesus. King Jesus is the one who spoke, and the big scary storm did exactly what he said. King Jesus is the one who rescued his friends from dying. King Jesus is the one who has come to rescue us. We can turn and totally trust in him.


Prayer

Let's now pray to God. Can you get your praying fingers out.

 **Adoration.** Let's point our fingers up to God and tell him how great he is.
Wow God/ We praise you God... _____

 **Confession.** Let's point our fingers at ourselves and say sorry for our sin.
Sorry God... _____

 **Thanksgiving.** Let's hold our hands out and thank God for what he does.
Thank you God... _____

 **Supplication.** Let's put our hands together and ask him to do great things.
Please God... _____

🎵 Closing song

*'We've gathered together to hear from God.
We've gathered together to hear from God,
And now it's time for craft.'*

Craft

Craft ideas...

Week 1:

Week 2:

The little girl



Concept | **King Jesus has come to rescue us from this broken world.**

Bible time 1

🎵 Gathering song

*'Let's gather together to hear from God.
Let's gather together to hear from God,
Come gather here with me.'*

Welcome

Order of the morning: Bible time, game, Bible time, craft

Sunday School rules: Who can tell me one of our rules which helps us to listen to the bible and to each other?

Pray: Let's ask for God's help as we hear him speak in the Bible.

Concept

🎵 Bible Box song

*'What are we going to learn today? What are we going to learn today?
Let's find out from the Bible box. Let's find out from the Bible box.'*

Concept: King Jesus has come to rescue us from this broken world.

Concept explanation

Bible verse

🎵 The Bible song

But how do we know that ...? Did I hear it on the ...? Did I read it in a ...? Did I see it on a ...? No? Where do I get it all from then?

'The Bible, the Bible, how we love the Bible. It's God's word. Yay!'

Use the 'How to lead a pre-school session' section in the leader's handbook to help you prepare.

- Visuals and props:**
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Ask a child to get the Bible from the Bible box.

Read bible verse: Mark 5:35-36

Bible verse explanation

Action rhyme

Let's sing a song with some actions to help us remember what we're learning today.

(To the tune, 'Incy, wincy spider')

*Jesus is the king who came to rescue us,
Jesus is the king who came to rescue us,
Jesus told a dead girl to come alive again,
Jesus is the king who came to rescue us.*

🎵 Closing song

*'We've gathered together to hear from God.
We've gathered together to hear from God.
And now it's time for a game.'*

Game

Bible time 2

🎵 Gathering song

*Let's gather together to hear from God.
Let's gather together to hear from God,
Come gather here with me.'*

Story

The little girl

I've got here my toy [or another object] but there's a problem... it's broken! I'm so sad! It's not as it should be. Have you ever had your favourite toy get broken? Well, we're learning today that our world is broken. It's not as it should be. There are lots of sad and bad things in our world, aren't there? There are things that mess up our world like sickness and scary stuff and death. These things show us that our world is not right, it's broken.

Last time we saw that King Jesus has come to rescue us. We saw Jesus' friends were about to die in a scary storm! But then King Jesus just told the storm to stop... and it did! King Jesus rescued his friends. King Jesus has come to rescue us! Isn't that such BIG, exciting news. Today we're going to see what Jesus rescues us from. King Jesus came to rescue us from this broken world.

Let's hear our story. One day Jesus was walking along and lots of people were following him. A man called Jairus ran up to Jesus and said "My little daughter is dying. Please come and put your hands on her so that she will be healed and live."

This man's daughter was really, really sick. So sick that she was about to die. The doctors couldn't help her. Sickness and death. They're things that mess up our world. They show that our world is broken. But can King Jesus do anything to help?

While Jesus was still on the way to Jairus' house, some servants came and met them. They said to Jairus, "your daughter is dead. Don't bother Jesus any longer". But Jesus said to them, "Don't be afraid, just trust me". But can King Jesus do anything to help? This little girl is now dead. Sometimes doctors can help someone who is sick, but they can't help someone who is dead! Can Jesus do anything?

Jesus went to Jairus' house and into the room where the little girl lay. He took her hand and said, "little girl, get up". And straightaway she got up and began walking around. Just like Jesus told the storm to stop, he told this dead little girl to come back to life. And she did! Wow, what a powerful king he is!


Jesus is the king who's come to rescue us. In our story today Jesus shows he's the king who has power to kick out the things that mess up our world. He gives us a

little peek at what his his kingdom, his amazing new world, will be like. Jesus will kick out all the things that mess up our world. Jesus won't let anything bad or sad into his amazing new world. There won't be any sadness or sickness or evil stuff or scary stuff or even death.


Jesus said to Jairus, the dead little girl's dad, "Don't be afraid, just trust me". We can trust Jesus and not be afraid too when we see things that are sad and bad in this world. We can trust him that one day he will bring in his amazing new world where we will live with our King forever.

Prayer


Let's now pray to God. Can you get your praying fingers out.

 **Adoration.** Let's point our fingers up to God and tell him how great he is.


Wow God/ We praise you God... _____

 **Confession.** Let's point our fingers at ourselves and say sorry for our sin.

Sorry God... _____

 **Thanksgiving.** Let's hold our hands out and thank God for what he does.

Thank you God... _____

 **Supplication.** Let's put our hands together and ask him to do great things.

Please God... _____

🎵 Closing song

*'We've gathered together to hear from God.
We've gathered together to hear from God,
And now it's time for craft.'*

Craft

Craft ideas...

Week 1:

Week 2:

The Doctor



Concept | King Jesus has come to rescue us from our sin.

Bible time 1

🎵 Gathering song

*'Let's gather together to hear from God.
Let's gather together to hear from God,
Come gather here with me.'*

Welcome

Order of the morning: Bible time, game, Bible time, craft

Sunday School rules: Who can tell me one of our rules which helps us to listen to the bible and to each other?

Pray: Let's ask for God's help as we hear him speak in the Bible.

Concept

🎵 Bible Box song

*'What are we going to learn today? What are we going to learn today?
Let's find out from the Bible box. Let's find out from the Bible box.'*

Concept: King Jesus has come to rescue us from our sin.

Concept explanation

Bible verse

🎵 The Bible song

But how do we know that ...? Did I hear it on the ...? Did I read it in a ...? Did I see it on a ...? No? Where do I get it all from then?

'The Bible, the Bible, how we love the Bible. It's God's word. Yay!'

Use the 'How to lead a pre-school session' section in the leader's handbook to help you prepare.

Visuals and props:

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Ask a child to get the Bible from the Bible box.

Read bible verse: Mark 2:17

Bible verse explanation

Action rhyme

Let's sing a song with some actions to help us remember what we're learning today.

(To the tune, 'Incy, wincy spider')

*Jesus is the king who came to rescue us,
Jesus is the king who came to rescue us,
Our hearts were dirty, we need them to be clean.
Jesus is the king who came to rescue us.*

🎵 Closing song

*'We've gathered together to hear from God.
We've gathered together to hear from God.
And now it's time for a game.'*

Game

Bible time 2

🎵 Gathering song

*'Let's gather together to hear from God.
Let's gather together to hear from God,
Come gather here with me.'*

Story

The Doctor

Have you ever been playing outside and got really dirty and muddy? Maybe you were making mud pies in the garden! Or maybe you were playing football in a muddy field. When I was little and got all messy and sandy at the beach my mum wouldn't let me in to the nice clean house. She'd say "you're too dirty! Go wash all the sand off first".

Last time we heard that Jesus is the king who's come to rescue us from this broken world. Jesus showed he's the king who has power to kick out the things that mess up our world. He gave us a little peek at what his kingdom, his amazing new world will be like. Jesus won't let anything bad or sad into his amazing new world. There won't be any sadness or sickness or scary stuff or even death.

But there's one more problem. There's one more thing that messes up our world... oh no! What is it? It's called sin. Sin is something we do. Sin is when we don't live with Jesus as our king. It's when we want to live our own way and not Jesus' way.

Jesus says that our sin makes us dirty before God. It's like when my mum tells me I'm too dirty to come inside her nice clean house. Our sin makes us too dirty to come to God. We can't come into Jesus' kingdom, his amazing new world. Oh no! How sad! But we're going to hear today that Jesus came to rescue us from our sin.

In our story today Jesus is talking to some fancy teachers of God's people about sin. You see, they've got it all wrong. These teachers know that sin makes us dirty before God. But they think that sin is like mud. They think it's on the outside. They think if they just have a good scrub with some soap in the bath, they'll be fine. They think they can wash off all their sin.

But what does Jesus say? Jesus says that a good bath won't wash off our sin. Jesus says that all the soap in the world couldn't make us clean enough. Why? Because the problem is in our hearts. We have bad, dirty hearts. Our bad hearts mean we can't be in Jesus' perfect new world. Oh no!


But... Jesus is the king who has come to rescue us! He's come to rescue us from our sin. Jesus calls himself the sin doctor. Like a doctor can help sick people,


Jesus can help sinners. King Jesus said that he came to rescue sinners. Sinners, like us, with bad, dirty hearts. Isn't that wonderful? Jesus came to rescue us from our sin so we can be with him in his amazing new world forever.


King Jesus is the one who can help us so he is the one we should turn to and trust in. We all have dirty hearts. All of us don't live with Jesus as our king. So, we can turn away from our sin and trust in Jesus. We can come to Jesus and say sorry for our sin. We can ask him to help us to live with him as king instead.


Prayer

Let's now pray to God. Can you get your praying fingers out.

 **Adoration.** Let's point our fingers up to God and tell him how great he is.
Wow God/ We praise you God... _____

 **Confession.** Let's point our fingers at ourselves and say sorry for our sin.
Sorry God... _____

 **Thanksgiving.** Let's hold our hands out and thank God for what he does.
Thank you God... _____

 **Supplication.** Let's put our hands together and ask him to do great things.
Please God... _____

🎵 Closing song

*'We've gathered together to hear from God.
We've gathered together to hear from God,
And now it's time for craft.'*

Craft

Craft ideas...

Week 1:

Week 2:

The servant



Concept | **King Jesus has come to rescue us by dying in our place.**

Bible time 1

🎵 Gathering song

*Let's gather together to hear from God.
Let's gather together to hear from God,
Come gather here with me.'*

Welcome

Order of the morning: Bible time, game, Bible time, craft

Sunday School rules: Who can tell me one of our rules which helps us to listen to the bible and to each other?

Pray: Let's ask for God's help as we hear him speak in the Bible.

Concept

🎵 Bible Box song

*'What are we going to learn today? What are we going to learn today?
Let's find out from the Bible box. Let's find out from the Bible box.'*

Concept: King Jesus has come to rescue us by dying in our place.

Concept explanation

Bible verse

🎵 The Bible song

But how do we know that ...? Did I hear it on the ...? Did I read it in a ...? Did I see it on a ...? No? Where do I get it all from then?

'The Bible, the Bible, how we love the Bible. It's God's word. Yay!'

Use the 'How to lead a pre-school session' section in the leader's handbook to help you prepare.

Visuals and props:

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Ask a child to get the Bible from the Bible box.

Read bible verse: Mark 10:45

Bible verse explanation

Action rhyme

Let's sing a song with some actions to help us remember what we're learning today.

(To the tune, 'Incy, wincy spider')

*Jesus is the king who came to rescue us,
Jesus is the king who came to rescue us,
Jesus came to help us by dying in our place.
Jesus is the king who came to rescue us.*

🎵 Closing song

*'We've gathered together to hear from God.
We've gathered together to hear from God.
And now it's time for a game.'*

Game

Bible time 2

🎵 Gathering song

*'Let's gather together to hear from God.
Let's gather together to hear from God,
Come gather here with me.'*

Story

The servant

We've been hearing Mark tell us in his book all about King Jesus. We've been seeing what an amazing king Jesus is, haven't we? Jesus is the king who has come to rescue us.

Today we're going to see that Jesus is very different to other kings and rulers and important people that we might have heard of. Normally kings sit in palaces and have lots of fancy expensive things. [Show pictures.] Normally kings have lots of servants who do things for them. Their servants make their food and sweep the floors and wash their clothes [show pictures]. Normally kings don't act like servants. They're far too important, right? Imagine if the King came to your house and, instead of sitting on the sofa and drinking a cup of tea, she cleaned the loo! That would be crazy!

But King Jesus said he came to be like a servant. He didn't come to sit in a fancy palace and make us do things for him. King Jesus came to be like a servant; he came to do something for us.

What did King Jesus come to do for us? Jesus came to rescue us by dying for us. We heard last time that we have bad hearts. Our sin means we can't come into Jesus' kingdom, his amazing new world. It's like we're trapped! Like being trapped in a prison. We can't get out! We can't get free. We need rescuing. And this is what King Jesus came to do for us. Jesus came to rescue us by dying for us. Jesus says that he came to rescue us by being a ransom. A ransom is a price you have to pay to set someone free.

[If explaining ransom, you might like to leave for the second week.]

Imagine my teddy got kidnapped. Oh no! He needs to be set free! To rescue my teddy, I might need to pay a ransom. The kidnappers might leave me a note saying, "your teddy will only be set free if you pay us 100 jellybeans!". To set my teddy free I would have to pay the ransom. I would have to pay 100 jellybeans.


Our sin means we can't come into Jesus' kingdom, his amazing new world. It's like we're trapped! Like being trapped in a prison. We can't get out! We can't get free. We need rescuing. To rescue us King Jesus was our ransom. He paid the price to set us free. The price Jesus had to pay wasn't something silly like 100 jellybeans. Our sin deserves death, so the price Jesus had to pay was his own life.


Jesus had to die to set us free, to rescue us. Wow! What an amazing King we have! He's not like any other king or ruler. King Jesus didn't come to sit in a fancy palace and make us do things for him. King Jesus came to be like a servant; he came to do something for us. Jesus came to rescue us by dying in our place. What an amazing King we have!


So, we should trust him. Jesus is an amazing and powerful king. We can keep on trusting that Jesus is the one who can rescue us. We can totally trust in him.


Prayer

Let's now pray to God. Can you get your praying fingers out.

 **Adoration.** Let's point our fingers up to God and tell him how great he is.
Wow God/ We praise you God... _____

 **Confession.** Let's point our fingers at ourselves and say sorry for our sin.
Sorry God... _____

 **Thanksgiving.** Let's hold our hands out and thank God for what he does.
Thank you God... _____

 **Supplication.** Let's put our hands together and ask him to do great things.
Please God... _____

🎵 Closing song

*'We've gathered together to hear from God.
We've gathered together to hear from God,
And now it's time for craft.'*

Craft

Craft ideas...

Week 1:

Week 2:

Friends



Concept | King Jesus has come to rescue us to be with God.

Bible time 1

🎵 Gathering song

*'Let's gather together to hear from God.
Let's gather together to hear from God,
Come gather here with me.'*

Welcome

Order of the morning: Bible time, game, Bible time, craft

Sunday School rules: Who can tell me one of our rules which helps us to listen to the bible and to each other?

Pray: Let's ask for God's help as we hear him speak in the Bible.

Concept

🎵 Bible Box song

*'What are we going to learn today? What are we going to learn today?
Let's find out from the Bible box. Let's find out from the Bible box.'*

Concept: King Jesus has come to rescue us to be with God.

Concept explanation

Bible verse

🎵 The Bible song

But how do we know that ...? Did I hear it on the ...? Did I read it in a ...? Did I see it on a ...? No? Where do I get it all from then?

'The Bible, the Bible, how we love the Bible. It's God's word. Yay!'

Use the 'How to lead a pre-school session' section in the leader's handbook to help you prepare.

- Visuals and props:**
- -
 -
 -
 -

Ask a child to get the Bible from the Bible box.

Read bible verse: Mark 15:38-39

Bible verse explanation

Action rhyme

Let's sing a song with some actions to help us remember what we're learning today.

(To the tune, 'Incy, wincy spider')

*Jesus is the king who came to rescue us,
Jesus is the king who came to rescue us,
Jesus died so we can come be friends with God.
Jesus is the king who came to rescue us.*

🎵 Closing song

*'We've gathered together to hear from God.
We've gathered together to hear from God.
And now it's time for a game.'*

Game

Bible time 2

🎵 Gathering song

*'Let's gather together to hear from God.
Let's gather together to hear from God,
Come gather here with me.'*

Story

Friends

Has anyone seen a sign like this? [\[Show picture of no entry sign.\]](#) This is a 'no entry' sign. It tells everyone to keep out. A 'no entry' sign might warn you to keep out of somewhere dangerous like a building site [\[show picture\]](#) or to keep out of somewhere you're not allowed to go like inside Buckingham palace [\[show picture\]](#).

Well in God's house, in the temple, there was a BIG massive thick curtain that stopped people going too close to God. It was like a really big 'no entry' sign. It told everyone to keep out. Remember, because of our sin we have bad hearts. Our sin makes us too dirty to go near God. God is angry at our sin. We can't be friends with him. Isn't that so sad?

But last time, Jesus was telling us about how he was going to rescue us by dying. And now we come to Jesus' death itself. As Jesus' death happens, we see why it's such BIG, amazing news that Jesus is rescuing us. We're going to see that King Jesus rescues us to be with God.

Let's hear the story. Jesus had been arrested and treated badly by the soldiers. They'd taken him and nailed him to a big wooden cross. Some of Jesus' friends are watching as he dies, they're so sad.

And then, in the middle of the daytime, it goes dark! You can't see anything. That's pretty scary. The darkness is a sign of God's anger. All of God's anger is going on King Jesus. Instead of going on us, it's going on him.

And then Jesus cries out in a loud voice. He says, "My God, why have you left me alone?" For forever, Jesus has enjoyed being with God his father. But now he feels alone as all of God's anger goes on him.

And then something else happens. Remember the BIG massive thick curtain inside God's house, that told everyone to keep out like a big 'no entry' sign? Well, it was ripped in half! It was like the 'no entry' sign had been torn in two.

This is why all of God's anger was going on Jesus. God's anger went on Jesus instead of us. And so, God isn't angry at our sin anymore. God ripped open the curtain, God ripped up the no entry sign. This shows we can now go in. We don't have to keep out anymore. We can be with God! We can be friends with him

forever.

King Jesus is the one who rescues us to be with God so he is the one we should turn to and trust in. What an amazing, powerful king we have.

Prayer

Let's now pray to God. Can you get your praying fingers out.

♥♥ **Adoration.** Let's point our fingers up to God and tell him how great he is.
Wow God/ We praise you God... _____

♥ **Confession.** Let's point our fingers at ourselves and say sorry for our sin.
Sorry God... _____

😊 **Thanksgiving.** Let's hold our hands out and thank God for what he does.
Thank you God... _____

🙏 **Supplication.** Let's put our hands together and ask him to do great things.
Please God... _____

🎵 Closing song

*'We've gathered together to hear from God.
We've gathered together to hear from God,
And now it's time for craft.'*

Craft

Craft ideas...

Week 1:

Week 2:

Following Jesus



Concept | King Jesus calls us to follow him.

Bible time 1

🎵 Gathering song

*'Let's gather together to hear from God.
Let's gather together to hear from God,
Come gather here with me.'*

Welcome

Order of the morning: Bible time, game, Bible time, craft

Sunday School rules: Who can tell me one of our rules which helps us to listen to the bible and to each other?

Pray: Let's ask for God's help as we hear him speak in the Bible.

Concept

🎵 Bible Box song

*'What are we going to learn today? What are we going to learn today?
Let's find out from the Bible box. Let's find out from the Bible box.'*

Concept: King Jesus calls us to follow him.

Concept explanation

Bible verse

🎵 The Bible song

But how do we know that ...? Did I hear it on the ...? Did I read it in a ...? Did I see it on a ...? No? Where do I get it all from then?

'The Bible, the Bible, how we love the Bible. It's God's word. Yay!'

Use the 'How to lead a pre-school session' section in the leader's handbook to help you prepare.

Visuals and props:

-
-
-
-
-

Ask a child to get the Bible from the Bible box.

Read bible verse: Mark 8:34-35

Bible verse explanation

Action rhyme

Let's sing a song with some actions to help us remember what we're learning today.

(To the tune, 'Incy, wincy spider')

*Jesus is the king who came to rescue us,
Jesus is the king who came to rescue us,
Even when it's scary, we must follow him.
Jesus is the king who came to rescue us.*

🎵 Closing song

*'We've gathered together to hear from God.
We've gathered together to hear from God.
And now it's time for a game.'*

Game

Bible time 2

🎵 Gathering song

*'Let's gather together to hear from God.
Let's gather together to hear from God,
Come gather here with me.'*

Story

Following Jesus

Sometimes you have to have a hard time now before you have a happy time later. Like you might have to finish all of your vegetables before you can have your pudding. Or you have to have a long hot car ride before you get to enjoy a day at the beach. Today we're learning that Jesus tells us to follow him. Jesus tells us that following him means it will be hard now but happy later.

In our last story we heard about King Jesus dying for us on the cross. King Jesus died to rescue us, so that we could be with God forever.

But that's not the end of the story! After Jesus died, he was buried in a tomb. For three days nothing happened. Then, early one morning, while the sun was still coming up, three of Jesus' friends went to his tomb. When they got there, they had a big shock! The big stone that closed the tomb had been rolled away! And as they went to look inside the tomb, an angel in white came and spoke to them. "Don't be afraid he said. You're looking for Jesus who died on the cross. He has come alive again! He is not here".

Wow! King Jesus has come alive again! Yay! Jesus' friends must have been sooo happy! Were they happy? No! Jesus' friends ran away scared!

Oh no! That doesn't seem right? Is that what we should do? No! We don't need to run away scared! Jesus says we should follow him as our King. We should turn away from sin and trust in him. We should follow King Jesus.

Jesus says we follow him as king in the way he went. Hard times now, happy times later! That's the way Jesus went. When Jesus was on earth, life was really hard. Lots of people hated him. Lots of people wanted him dead. And then, Jesus had to suffer and die on a cross. Jesus had really hard times.

But the hard times were followed by happy times. Jesus didn't stay dead. Jesus came alive again. Jesus has gone to be on the throne, ruling over everything with God the father. Jesus had hard times, but it was followed by the happiest time.

Jesus says we follow him in the way he went. Hard times now, happy times later! Following Jesus now will be hard. There are lots of bad and sad things in the world which make it hard to keep trusting Jesus. As we heard a few weeks


we live in a broken world. And there are lots of people who hate Jesus, who won't like us following him. Following Jesus will be hard now.


But we look forward to the happiest time later. One day King Jesus will come back and bring us into his kingdom, his amazing new world. There will be nothing to mess it up. There won't be any sadness or sickness or evil stuff or sin or scary stuff or even death. It will be wonderful! But we're not there just yet. Following Jesus will be hard now but happy later.


Hmm. That sounds tricky doesn't it. How do we do that? How do we follow Jesus when it's hard now and happy later?


Prayer

Let's now pray to God. Can you get your praying fingers out.

 **Adoration.** Let's point our fingers up to God and tell him how great he is.
Wow God/ We praise you God... _____

 **Confession.** Let's point our fingers at ourselves and say sorry for our sin.
Sorry God... _____

 **Thanksgiving.** Let's hold our hands out and thank God for what he does.
Thank you God... _____

 **Supplication.** Let's put our hands together and ask him to do great things.
Please God... _____

🎵 Closing song

*'We've gathered together to hear from God.
We've gathered together to hear from God,
And now it's time for craft.'*

Craft

Craft ideas...

Week 1:

Week 2:

Concept sheets

Big news!



Jesus the king is here!

King Jesus has come...



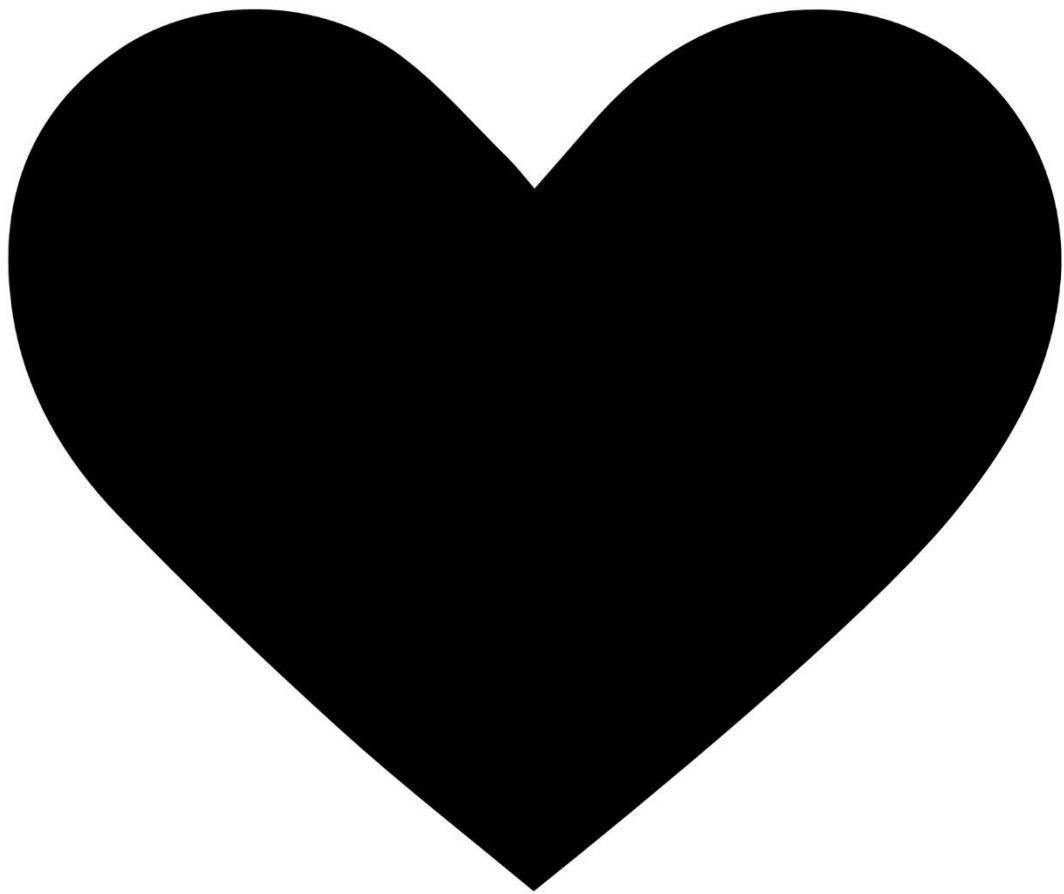
...to rescue us.

**King Jesus has come
to rescue us...**



...from a broken world.

**King Jesus has come
to rescue us...**



...from our sin.

**King Jesus has come
to rescue us...**



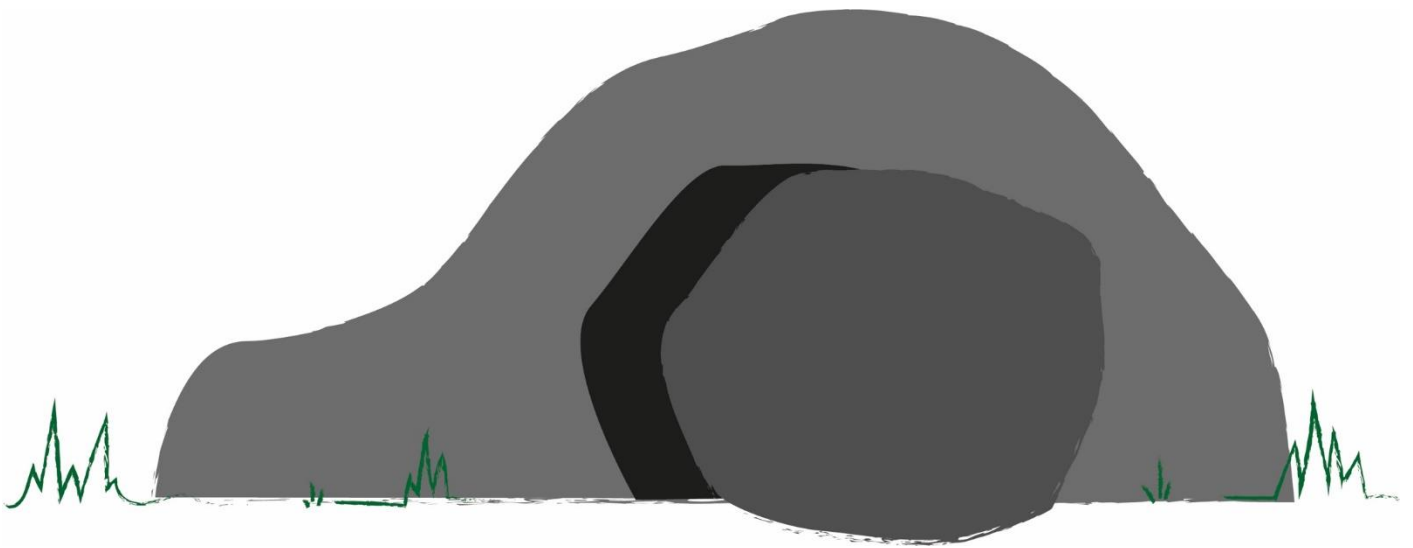
...by dying in our place

**King Jesus has come
to rescue us...**



...to be with God.

King Jesus calls us...



...to follow him.



St Helen's
Bishopsgate



St Helen's Children's Ministry

