

YRML:
1 TIMOTHY PREP BOOK



Name: _____

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Youth RML Calendar 2025-26

September	10	Welcome Party & YRML begins
	29	Prayer Supper
October	22	Guest Event
	27	Prayer Supper
	29	No RML (Half Term)
November	24	Prayer Supper
December	17	Christmas Dinner
January	7	First RML of term
	26	Prayer Supper
	28	No RML
	30 – 1	Brunction weekend
February	18	No RML (Half Term)
	23	Prayer Supper
March	25	Easter Guest Event
	30	Prayer Supper
April	22	First RML of term
	27	Prayer Supper + APCM
May	20	No RML (Week of Events)
	27	No RML (Half Term)
June	1	Prayer Supper
	29	Prayer Supper
July	1	Summer party

Welcome to YRML — 1 Timothy!

It is our prayer that through the months ahead, we will be excited, challenged and changed by God as He speaks to us through these three books.

This study manual is designed to help you get the most out of the coming year.

How to use this study manual...



Preparation – although it may be new to you, we hope this year will demonstrate how big a difference it makes to carefully read and think about a passage before meeting up to study it together



Study Toolkit – to help us hear God's voice more clearly for ourselves, there are various tools which will be introduced throughout the year. There's a summary of the basic toolkit on pages 5+6.



Space – there's lots of space to fill in answers to prep questions, or to note down any truths you discover during the year about Jesus & why He came.

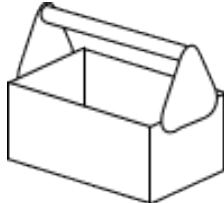
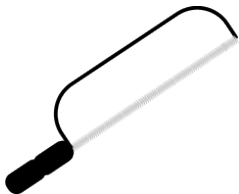
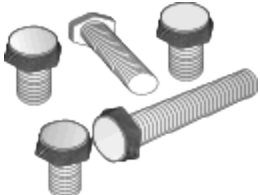
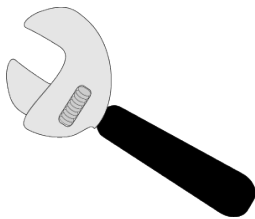
There will be many opportunities to grow in your knowledge and love of God as we look at this book together. We pray that you will make the most of them and that you will know and experience for yourself what it means to follow King Jesus.

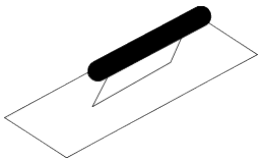
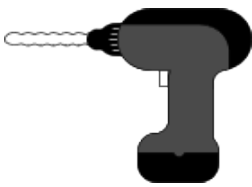
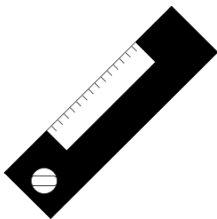
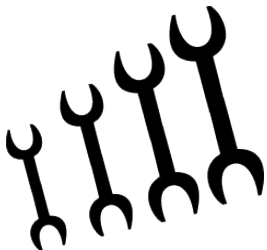
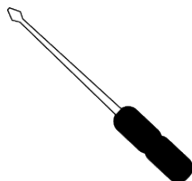
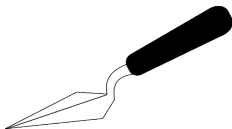
A Basic Bible Study Toolkit

Recommended reading: *Dig Deeper: Tools to Unearth the Bible's Treasure*, Nigel Beynon and Andrew Sach (IVP, 2005), available in the YRML library!

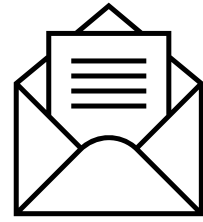


WARNING. We're going to talk about 'tools', but *just* as a way of helping each other to listen. We don't want to imply that Bible study is some sort of 'mechanical' process. It's a *relational* process, whereby we listen attentively as God speaks to us.

	Author's Purpose Tool	<i>Dig Deeper</i> , chapter 2. The biggest question we can ever ask of a passage in the Bible is simply: why did the author write this?
	Context Tool	<i>Dig Deeper</i> , chapter 3. Words come within sentences, sentences in paragraphs, paragraphs in chapters, chapters in sections... Rip something out of context and you'll miss what Paul is saying.
	Structure Tool	<i>Dig Deeper</i> , chapter 4. How has Paul broken down his material into sections? How do these sections fit together?
	Linking Words Tool	<i>Dig Deeper</i> , chapter 5. Whenever you see a 'therefore' ask what it's there for. And the same goes for words like 'because', 'so that', 'for' etc.
	Vocabulary Tool	<i>Dig Deeper</i> , chapter 8. Mostly you can find what words mean by looking them up in a dictionary. But be alert in case Paul is using a familiar word in a special or unusual way.
	Translations Tool	<i>Dig Deeper</i> , chapter 9. Check passages across different translations. If there are important differences, try to find out more.

	Tone and Feel Tool	<i>Dig Deeper</i>, chapter 10. As we come to the Bible, we should not only pay attention to the point that is being made, but also how it is being made. What feelings does the passage evoke?
	Repetition Tool	<i>Dig Deeper</i>, chapter 11. Sometimes Paul says something more than once to make sure we don't miss it. Sometimes Paul says something more than once to make sure we don't miss it. Look for repetition.
	Quotation / Allusion Tool	<i>Dig Deeper</i>, chapter 12. When Paul quotes or alludes to another part of the Bible, we should look up the original context of his quotation. What connection is Paul making?
	Genre Tool	<i>Dig Deeper</i>, chapter 13. There are many types of genre in the Bible – songs, prophecies, proverbs, laments, visions, speeches, parables, historical narrative. Identifying the genre is very important to how we interpret a passage.
	Copypat Tool	<i>Dig Deeper</i>, chapter 14. Is Paul holding up one of his characters as someone we should imitate or whose likeness we should avoid?
	The 'Who am I?' Tool	<i>Dig Deeper</i>, chapter 16. With which character (if any) does Paul intend us to identify ourselves?
	'So What?' Tool	<i>Dig Deeper</i>, chapter 17. What difference does this make to my life? How will it work out in particular situations I am facing at the moment?

How to read other people's post...



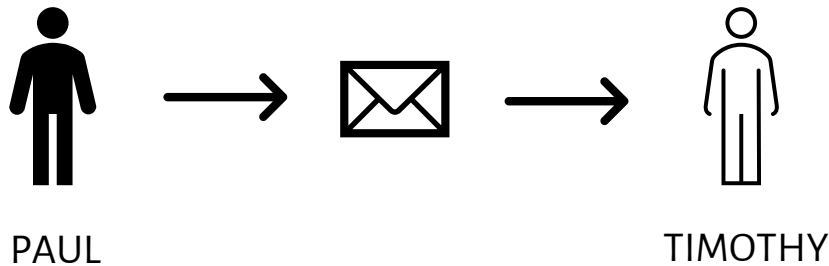
Just like Titus, 1 Timothy is another letter in the Bible, and so we want to ask the same basic questions to help us understand what's going on.

Who? – who is writing? Who are they writing to?

Where and When? – what's the context? What's prompted the letter?

Why are they writing? – what's the author of the letter trying to accomplish?

So, what about this letter?



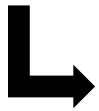
This letter was written around **AD62-64**. **Paul** is writing (from Macedonia) to **Timothy**, who is helping lead the church in Ephesus (in modern-day Turkey).



Why **this** letter to **these** people?

Luckily for us, Paul tells us exactly why he is writing this letter in 1 Timothy 3:14-15:

'I hope to come to you soon, but I am writing these things to you so that, if I delay, you may know how one ought to behave in the household of God, which is the church of the living God, a pillar and buttress of the truth.'



Paul tells us that the church is **God's family** and that this family has a very important purpose: holding up **truth** in the world!



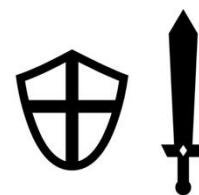
But why does Paul need to tell this to these people? What's going on in their context that has prompted his writing this letter? Well, the church in Ephesus is in a **battleground**:

*'This charge I entrust to you, Timothy, my child, in accordance with the prophecies previously made about you, that by them you may **wage the good warfare**, holding faith and a good conscience.'* (1:18-19)

*'Now the Spirit expressly says that in later times **some will depart from the faith** by devoting themselves to deceitful spirits and teachings of demons, through the insincerity of liars whose consciences are seared, who forbid marriage and require abstinence from foods that God created to be received with thanksgiving by those who believe and know the truth.'* (4:1-3)



A bit like in Titus, there are false teachers around, teaching things other than the truth of the gospel. Timothy needs to **fight** against such things as he holds out the truth and encourages the church to do the same.



STUDY 1: 1 Timothy 1:1-11

1 Paul, an apostle of Christ Jesus by command of God our Savior and of Christ Jesus our hope, ²To Timothy, my true child in the faith: Grace, mercy, and peace from God the Father and Christ Jesus our Lord. ³As I urged you when I was going to Macedonia, remain at Ephesus so that you may charge certain persons not to teach any different doctrine, ⁴nor to devote themselves to myths and endless genealogies, which promote speculations rather than the stewardship from God that is by faith. ⁵The aim of our charge is love that issues from a pure heart and a good conscience and a sincere faith. ⁶Certain persons, by swerving from these, have wandered away into vain discussion, ⁷desiring to be teachers of the law, without understanding either what they are saying or the things about which they make confident assertions. ⁸Now we know that the law is good, if one uses it lawfully, ⁹understanding this, that the law is not laid down for the just but for the lawless and disobedient, for the ungodly and sinners, for the unholy and profane, for those who strike their fathers and mothers, for murderers, ¹⁰the sexually immoral, men who practice homosexuality, enslavers, liars, perjurers, and whatever else is contrary to sound doctrine, ¹¹in accordance with the gospel of the glory of the blessed God with which I have been entrusted.

Pray Ask for God's help to hear him speak as you read the passage.
Read Read through the passage a couple of times slowly.



Structure Tool

Dig Deeper, chapter 4.

How has Paul broken down his material into sections? How do these sections fit together?

Have a go at breaking the passage into a few sections and giving each one a title.

What clues do we get about what's going on in Ephesus that is prompting Paul to write?

What kinds of things do the false teachers seem to be focusing on? What is the problem with this?

STUDY 2: 1 Timothy 1:12-20

¹²I thank him who has given me strength, Christ Jesus our Lord, because he judged me faithful, appointing me to his service, ¹³though formerly I was a blasphemer, persecutor, and insolent opponent. But I received mercy because I had acted ignorantly in unbelief, ¹⁴and the grace of our Lord overflowed for me with the faith and love that are in Christ Jesus. ¹⁵The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners, of whom I am the foremost. ¹⁶But I received mercy for this reason, that in me, as the foremost, Jesus Christ might display his perfect patience as an example to those who were to believe in him for eternal life. ¹⁷To the King of the ages, immortal, invisible, the only God, be honour and glory forever and ever. Amen. ¹⁸This charge I entrust to you, Timothy, my child, in accordance with the prophecies previously made about you, that by them you may wage the good warfare, ¹⁹holding faith and a good conscience. By rejecting this, some have made shipwreck of their faith, ²⁰among whom are Hymenaeus and Alexander, whom I have handed over to Satan that they may learn not to blaspheme.

Pray Ask for God's help to hear him speak as you read the passage.
Read Read through the passage a couple of times slowly.



**Author's Purpose
Tool**

Dig Deeper, chapter 2.

The biggest question we can ever ask of a passage in the Bible is simply: why did the author write this?

What does Paul say about himself and his past?

What is his big instruction to Timothy? What do you think that might mean in your own words?

Why might Paul talk about himself and his own example alongside this instruction to Timothy?

STUDY 3: 1 Timothy 2:1-7

2 First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, ²for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way.³ This is good, and it is pleasing in the sight of God our Savior, ⁴who desires all people to be saved and to come to the knowledge of the truth. ⁵For there is one God, and there is one mediator between God and men, the man Christ Jesus, ⁶who gave himself as a ransom for all, which is the testimony given at the proper time. ⁷For this I was appointed a preacher and an apostle (I am telling the truth, I am not lying), a teacher of the Gentiles in faith and truth.

Pray Ask for God's help to hear him speak as you read the passage.
Read Read through the passage a couple of times slowly.

If you pray, what do you most commonly pray about?

What does Paul encourage people to pray for here?

What do we learn about God in these verses?

STUDY 4: 1 Timothy 2:8-15

⁸I desire then that in every place the men should pray, lifting holy hands without anger or quarrelling; ⁹likewise also that women should adorn themselves in respectable apparel, with modesty and self-control, not with braided hair and gold or pearls or costly attire, ¹⁰but with what is proper for women who profess godliness—with good works. ¹¹Let a woman learn quietly with all submissiveness. ¹²I do not permit a woman to teach or to exercise authority over a man; rather, she is to remain quiet. ¹³For Adam was formed first, then Eve; ¹⁴and Adam was not deceived, but the woman was deceived and became a transgressor. ¹⁵Yet she will be saved through childbearing—if they continue in faith and love and holiness, with self-control.

Pray Ask for God's help to hear him speak as you read the passage.
Read Read through the passage a couple of times slowly.

What sort of things do you see online / in the media about...

...what men should be like?

...what women should be like?

What instructions does Paul give to men and women here?

MEN	WOMEN

Imagine v13-15 weren't there... what might the effect be?

We will have a session on gender roles in the Bible next week – why not write down any questions you might have here ahead of next week!

STUDY 5: 1 Timothy 3:1-13

3 The saying is trustworthy: If anyone aspires to the office of overseer, he desires a noble task. ²Therefore an overseer must be above reproach, the husband of one wife, sober-minded, self-controlled, respectable, hospitable, able to teach, ³not a drunkard, not violent but gentle, not quarrelsome, not a lover of money. ⁴He must manage his own household well, with all dignity keeping his children submissive, ⁵for if someone does not know how to manage his own household, how will he care for God's church? ⁶He must not be a recent convert, or he may become puffed up with conceit and fall into the condemnation of the devil. ⁷Moreover, he must be well thought of by outsiders, so that he may not fall into disgrace, into a snare of the devil. ⁸Deacons likewise must be dignified, not double-tongued, not addicted to much wine, not greedy for dishonest gain. ⁹They must hold the mystery of the faith with a clear conscience. ¹⁰And let them also be tested first; then let them serve as deacons if they prove themselves blameless. ¹¹Their wives likewise must be dignified, not slanderers, but sober-minded, faithful in all things. ¹²Let deacons each be the husband of

one wife, managing their children and their own households well. ¹³For those who serve well as deacons gain a good standing for themselves and also great confidence in the faith that is in Christ Jesus.

Pray Ask for God's help to hear him speak as you read the passage.
Read Read through the passage a couple of times slowly.

What would your friends think makes a good leader?

Paul gives some specifications here for what overseers/deacons should be like in church.

Have a read through with 2 highlighters/pens, and highlight **qualifications** in one colour, and **reasons why** in another colour.

Why does God emphasise character over ability?

What would you say God thinks makes a good leader from this passage?

STUDY 6: 1 Timothy 3:14-4:5

¹⁴I hope to come to you soon, but I am writing these things to you so that, ¹⁵if I delay, you may know how one ought to behave in the household of God, which is the church of the living God, a pillar and buttress of the truth. ¹⁶Great indeed, we confess, is the mystery of godliness:

He was manifested in the flesh,
vindicated by the Spirit,
seen by angels,
proclaimed among the nations,
believed on in the world,
taken up in glory.

4 Now the Spirit expressly says that in later times some will depart from the faith by devoting themselves to deceitful spirits and teachings of demons, ²through the insincerity of liars whose consciences are seared, ³who forbid marriage and require abstinence from foods that God created to be received with thanksgiving by those who believe and know the truth. ⁴For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving, ⁵for it is made holy by the word of God and prayer.

Pray Ask for God's help to hear him speak as you read the passage.
Read Read through the passage a couple of times slowly.



**Author's Purpose
Tool**

Dig Deeper, chapter 2.

The biggest question we can ever ask of a passage in the Bible is simply: why did the author write this?

Why does Paul tell us he is writing?

What do we learn about the church and its role?

Meanwhile, 4:1-4 give us a bit of an insight into what is going on in wider Ephesus... How would you summarise these verses in your own words? (don't worry if you find this tricky – have a go!)

How does this compare to 3:16 and what the church should be concerned about?

STUDY 7: 1 Timothy 4:6-16

⁶If you put these things before the brothers, you will be a good servant of Christ Jesus, being trained in the words of the faith and of the good doctrine that you have followed. ⁷Have nothing to do with irreverent, silly myths. Rather train yourself for godliness; ⁸for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come. ⁹The saying is trustworthy and deserving of full acceptance. ¹⁰For to this end we toil and strive, because we have our hope set on the living God, who is the Savior of all people, especially of those who believe. ¹¹Command and teach these things. ¹²Let no one despise you for your youth, but set the believers an example in speech, in conduct, in love, in faith, in purity. ¹³Until I come, devote yourself to the public reading of Scripture, to exhortation, to teaching. ¹⁴Do not neglect the gift you have, which was given you by prophecy when the council of elders laid their hands on you. ¹⁵Practice these things, immerse yourself in them, so that all may see your progress. ¹⁶Keep a close watch on yourself and on the teaching. Persist in this, for by so doing you will save both yourself and your hearers.

Pray Ask for God's help to hear him speak as you read the passage.
Read Read through the passage a couple of times slowly.

Imagine your ideal church leader. What would they be like?

What does Paul want Timothy to put his efforts into?

Expert level question! – what does Paul hope the effect on the rest of the church will be?

How does this inform what we want from our church leaders?

STUDY 8: 1 Timothy 5:1-16

5 Do not rebuke an older man but encourage him as you would a father, younger men as brothers, ²older women as mothers, younger women as sisters, in all purity. ³Honor widows who are truly widows. ⁴But if a widow has children or grandchildren, let them first learn to show godliness to their own household and to make some return to their parents, for this is pleasing in the sight of God. ⁵She who is truly a widow, left all alone, has set her hope on God and continues in supplications and prayers night and day, ⁶but she who is self-indulgent is dead even while she lives. ⁷Command these things as well, so that they may be without reproach. ⁸But if anyone does not provide for his relatives, and especially for members of his household, he has denied the faith and is worse than an unbeliever. ⁹Let a widow be enrolled if she is not less than sixty years of age, having been the wife of one husband, ¹⁰and having a reputation for good works: if she has brought up children, has shown hospitality, has washed the feet of the saints, has cared for the afflicted, and has devoted herself to every good work. ¹¹But refuse to enrol younger widows, for when their passions draw

them away from Christ, they desire to marry ¹²and so incur condemnation for having abandoned their former faith. ¹³Besides that, they learn to be idlers, going about from house to house, and not only idlers, but also gossips and busybodies, saying what they should not. ¹⁴So I would have younger widows marry, bear children, manage their households, and give the adversary no occasion for slander. ¹⁵For some have already strayed after Satan. ¹⁶If any believing woman has relatives who are widows, let her care for them. Let the church not be burdened, so that it may care for those who are truly widows.

Pray Ask for God's help to hear him speak as you read the passage.
Read Read through the passage a couple of times slowly.

What is our society's attitude to the elderly/vulnerable?

How are widows to be treated in God's household? (NB: *there are a few different groups and conditions!*)

How seriously does Paul take this responsibility?

What does this show us about God's character?

STUDY 9: 1 Timothy 5:17-6:2a

¹⁷Let the elders who rule well be considered worthy of double honour, especially those who labour in preaching and teaching. ¹⁸For the Scripture says, “You shall not muzzle an ox when it treads out the grain,” and, “The labourer deserves his wages.” ¹⁹Do not admit a charge against an elder except on the evidence of two or three witnesses. ²⁰As for those who persist in sin, rebuke them in the presence of all, so that the rest may stand in fear. ²¹In the presence of God and of Christ Jesus and of the elect angels I charge you to keep these rules without prejudging, doing nothing from partiality. ²²Do not be hasty in the laying on of hands, nor take part in the sins of others; keep yourself pure. ²³No longer drink only water, but use a little wine for the sake of your stomach and your frequent ailments. ²⁴The sins of some people are conspicuous, going before them to judgment, but the sins of others appear later. ²⁵So also good works are conspicuous, and even those that are not cannot remain hidden.

6 Let all who are under a yoke as bondservants regard their own masters as worthy of all honour, so that the name of God and the teaching may not be reviled. ²Those who have believing masters must not be disrespectful on the ground that they are brothers; rather they must serve all the better since those who benefit by their good service are believers and beloved.

Pray Ask for God's help to hear him speak as you read the passage.
Read Read through the passage a couple of times slowly.



Structure Tool

Dig Deeper, chapter 4.

How has Paul broken down his material into sections? How do these sections fit together?

Break up the passage into a few sections and give each one a title.

Have a think about the people you'd say are most respected/honoured in society. Who are they? Why are they valued?

Who is to be valued in God's household? Why?

How will God's household compare to the wider world in terms of how people are treated?

STUDY 10: 1 Timothy 6:2b-10

Teach and urge these things. ³If anyone teaches a different doctrine and does not agree with the sound words of our Lord Jesus Christ and the teaching that accords with godliness, ⁴he is puffed up with conceit and understands nothing. He has an unhealthy craving for controversy and for quarrels about words, which produce envy, dissension, slander, evil suspicions, ⁵and constant friction among people who are depraved in mind and deprived of the truth, imagining that godliness is a means of gain. ⁶But godliness with contentment is great gain, ⁷for we brought nothing into the world, and we cannot take anything out of the world. ⁸But if we have food and clothing, with these we will be content. ⁹But those who desire to be rich fall into temptation, into a snare, into many senseless and harmful desires that plunge people into ruin and destruction. ¹⁰For the love of money is a root of all kinds of evils. It is through this craving that some have wandered away from the faith and pierced themselves with many pangs.

Pray Ask for God's help to hear him speak as you read the passage.
Read Read through the passage a couple of times slowly.

How do Timothy and the false teachers compare...

....in what they teach?

...in the effect their teaching has? (*think both short and long-term!*)

How does this inform what we want from our church leaders?

STUDY 11: 1 Timothy 6:11-21

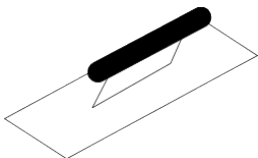
¹¹But as for you, O man of God, flee these things. Pursue righteousness, godliness, faith, love, steadfastness, gentleness. ¹²Fight the good fight of the faith. Take hold of the eternal life to which you were called and about which you made the good confession in the presence of many witnesses. ¹³I charge you in the presence of God, who gives life to all things, and of Christ Jesus, who in his testimony before Pontius Pilate made the good confession, ¹⁴to keep the commandment unstained and free from reproach until the appearing of our Lord Jesus Christ, ¹⁵which he will display at the proper time—he who is the blessed and only Sovereign, the King of kings and Lord of lords, ¹⁶who alone has immortality, who dwells in unapproachable light, whom no one has ever seen or can see. To him be honour and eternal dominion. Amen. ¹⁷As for the rich in this present age, charge them not to be haughty, nor to set their hopes on the uncertainty of riches, but on God, who richly provides us with everything to enjoy. ¹⁸They are to do good, to be rich in good works, to be generous and ready to share, ¹⁹thus storing up treasure for themselves as a good foundation for the future, so that they may take

hold of that which is truly life. ²⁰O Timothy, guard the deposit entrusted to you. Avoid the irreverent babble and contradictions of what is falsely called “knowledge,” ²¹for by professing it some have swerved from the faith. Grace be with you.

Pray Ask for God's help to hear him speak as you read the passage.
Read Read through the passage a couple of times slowly.

Paul gives some specific instructions to Timothy here – have a go at highlighting or underlining any you can spot.

What does Paul want Timothy to care about?

	Tone and Feel Tool	<i>Dig Deeper</i> , chapter 10. As we come to the Bible, we should not only pay attention to the point that is being made, but also how it is being made. What feelings does the passage evoke?
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What's the tone and feel of this passage?

This is the end of the letter! Is this how you expect Paul to finish?
Why/why not?

1 Timothy Review

It's time to review the letter to 1 Timothy! Why not take some time to sit down and read it in one go and think through these questions?

Write down one or two things that you have learnt about Jesus/the gospel that you hadn't seen so clearly before.

We see a lot about what church leaders should be like in this letter. What might you want to pray for your church leaders from 1 Timothy?

Another big theme has been the church as 'the household of God'. What have you seen about what this should look like?

What have you learnt for which you are *thankful*?

What would you like to *ask* God for in light of 1 Timothy? (How has the letter changed you? How would you like it to change you more in your thinking? In your living?)

Youth RML Prayer Partner:

Here are some prayer points from **Joelle Kenny**, our mission partner based in Ratanakiri in rural Cambodia. She runs Bible studies for women and youth groups in some of the local villages.



- Give thanks for two teenagers, **Sinet & Chanda**, who are helping to lead the youth group; pray they will have energy to keep serving with enthusiasm
- Give thanks for a good time **studying Acts** with the Ochum youth group and pray that they will continue to apply lessons they learned about serving God amidst hardship
- Pray for the youth back in their home villages, that they resist temptation and **stand firm** in their faith. Pray they are a good witness of what it means to serve God wholeheartedly, and that they wouldn't be ashamed of Jesus
- Pray for the youth who have just finished school as they make **decisions about the future**. Pray that those who get married will make wise decisions about who to marry; pray that those who go to the capital to study will get stuck into a good church, and that all of them will keep going as Christians



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